

The Alexandra Girls' English Institution

Detailed Time wise Itinerary tailored made for students on camp.

Girl Guide Std V - VII

Day 01

06.30	Report at School in guide Mufti
07.30	Leave for Camp Site : Aamby valley . En-route light snacks will be served to all participants on the bus.
10.00	Reach Camp Site (Resort)
11.15	General rules of the camp & allotment of Rooms
11.45	Session I: Compass with cardinal points & Basic First Aid
13.00	Lunch
14.00	Rest Time & Leisure
15.30	Session II: Knots
17.00	Break Time with snacks
17.30	Session III: Girl Guiding Games
18.30	Flag Break ceremony
18.45	Handicraft & Prepare for Inspection
20.00	Session IV: Inspection of Rooms
20.30	Dinner
21.30	Session V: Treasure Hunt
22.30	Lights out

Day 02

06:30	Rise
07:30	B.P Six Exercise / Meditation by satya yogi Kaizeen Buhariwala
08:00	Breakfast
09:30	Flag Break Ceremony
10:00	Session VI: Estimation & Woodcraft signs
11.45	Shower and freshen up / Swimming
13:00	Lunch
13:30	Rest Time & Leisure
15:30	Session VII: Team Building Games
17:00	Break Time with snacks
17:30	Session VIII: Base Games
18.30	Flag Down Ceremony
19:00	Freshen up & Prepare for Campfire
20:30	Dinner
21:30	Session XI: Campfire with Music entertainment
23:00	Lights out

Day 03

06.30	Rise
07.15	Session VI : Hike
08.30	Breakfast
09.30	Freshen up (shower)
10.30	Flag Break Ceremony/ Investiture Ceremony
11.00	Prize distribution ceremony
12.00	Flag Down Ceremony
12.30	Lunch
13.30	Leave for Mumbai.
17.30	Reach School (The Alexandra Girls' English Institution)

